

Important information about vitamin deficiency testing



Vitamins help our bodies function properly. Since vitamin levels are easily measured through blood tests, it might seem like a good idea to have your health care provider test you for potential vitamin deficiency.

But Independence Administrators does not cover vitamin deficiency testing as a preventive screening. It is only covered for people with certain symptoms, conditions, or risk factors.

Coverage requirements can be found in the following medical policies:

- Policy #06.02.51: Testing Serum Vitamin D Levels
- Policy #06.02.54: Cobalamin (Vitamin B12), Folic Acid, and Homocysteine Testing

Even if these tests are covered, there may be limits on how often you can receive them. Your health care provider can help decide what is right for you.

Independence Administrators considers vitamin deficiency testing in the absence of symptoms, conditions, or risk factors not medically necessary. This means it is not eligible for coverage or reimbursement. Covering tests only for individuals who have known or suspected vitamin deficiency helps avoid unnecessary testing and reduce overall health care costs.

If you have questions, call the Level Care dedicated customer service line at **1-833-242-3330**.

Providers should consult Independence Administrators medical policies before performing or requesting testing. They can also call Provider Services at **1-888-356-7899** with questions.

Medical policy information

Medical policy coverage requirements are subject to change, based on current medical evidence.

To view the most up-to-date medical policies:

- Go to ibx.com/medpolicy.
- Click *Accept and go to Medical Policy Online*.
- Click *Accept*.
- Under *Policy Bulletins*, click *Commercial*.
- In the Search bar at the top of the screen, enter the full policy number.

Independence 
Independence Administrators



Independence Administrators is an independent licensee of the Blue Cross and Blue Shield Association.

© 2026 Independence Administrators

24552 4656350 (7/26)