



New York City District Council of Carpenters

## **BENEFIT FUNDS**

### MEMBERS EDUCATION AND NETWORK FOR DEPENDENCY ("MEND")



#### **Monthly Peer-Led Group Meetings**

**Date:** Last Wednesday of Every Month

**Time:** 4:00 PM

**Location:** MEND Program  
395 Hudson Street, 5th Floor, New York, NY, 10014

**Phone:** (212) 366-7590

**Email:** MEND@nycbfc.org

**Website:** [www.nycbfc.com/news-media/mend-program-and-wellness](http://www.nycbfc.com/news-media/mend-program-and-wellness)

### ADDITIONAL RESOURCES

- Alcoholics Anonymous ("AA") [www.aa.org](http://www.aa.org)
- Narcotics Anonymous ("NA") [www.na.org](http://www.na.org)
- Substance Abuse and Mental Health Services Administration ("SAMSHA") [www.samsha.gov](http://www.samsha.gov)
- Suicide Prevention Lifeline (800) 273-8255
- For services related to mental health, please go to [www.mentalhealth.gov](http://www.mentalhealth.gov)